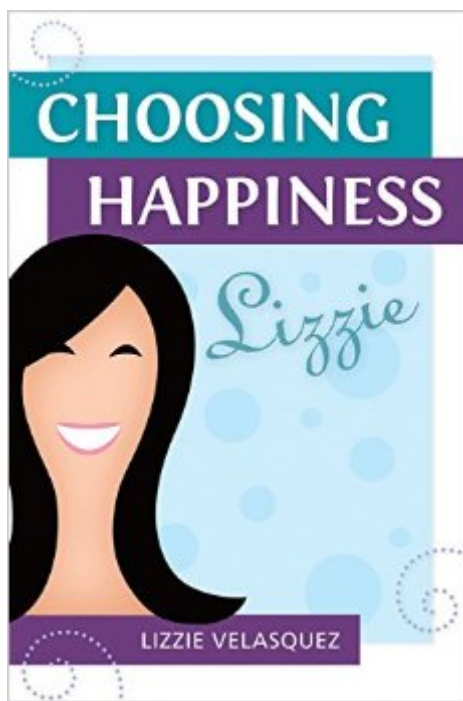


The book was found

Choosing Happiness



Synopsis

Lizzie Velasquez recently graduated from Texas State University in San Marcos with a degree in communications. She is one of only three known people in the world with a medical syndrome that doesn't allow her to gain weight or create muscle. Lizzie, an author of three books, has appeared as a motivational speaker at more than 200 workshops. Her story has been featured in national and international media, including The Today Show, Inside Edition, Katie Couric, Dr. Drew, Australia's Sunday Night, and Germany's Explosiv.

Book Information

Paperback: 128 pages

Publisher: Liguori Publications (August 1, 2014)

Language: English

ISBN-10: 0764824880

ISBN-13: 978-0764824883

Product Dimensions: 0.5 x 5.5 x 8.2 inches

Shipping Weight: 6.4 ounces (View shipping rates and policies)

Average Customer Review: 4.8 out of 5 stars See all reviews (6 customer reviews)

Best Sellers Rank: #580,556 in Books (See Top 100 in Books) #176 in Books > Children's Books > Religions > Inspirational #3683 in Books > Children's Books > Religions > Christianity #4075 in Books > Christian Books & Bibles > Children's & Teens

Customer Reviews

I am surprised that I am the first review. This is about a person who has suffered because of her external appearance. She gives good advice and personal reflections on how to be happy. I would recommend it to anyone.

Excellent! Excellent! Excellent! Lizzie Vasquez is so inspirational and amazing. I am a therapist so I am often using inspirational videos and books during my sessions with clients. That was how I first came across Lizzie. After watching her youtube video I bought all of her books and then I bought multiple copies of her books for my clients to borrow. The books are not super long, they are very easy to read and they are very empowering and inspirational! My clients love reading the books, as did I. I feel like this book will be perfect for an older teenager or college kid that can really appreciate the value of loving life and choosing positivity.

Very upbeat - probably suitable mostly for teens and young adults

[Download to continue reading...](#)

Choosing Happiness The Art of Happiness in a Troubled World (Art of Happiness Book) The Pursuit of Happiness: Ten Ways to Increase Your Happiness (Paul G. Brodie Seminar Series Book 3) El Poder de la alegría - The power of real Happiness: Pequeños detalles que nos cambian la vida - Happiness Factory (LAS CLAVES PARA TENER ÉXITO EN LA VIDA) (Spanish Edition) Second Skin: Choosing and Caring for Textiles and Clothing Learning to Breathe Again: Choosing Life and Finding Hope After a Shattering Loss (Women of Faith (Thomas Nelson)) Learning to Breathe Again: Choosing Life and Finding Hope After a Shattering Loss Learning to Breathe Again: Choosing Life and Finding Hope After a Shattering Loss (Women of Faith) Backyard Chickens: The Ultimate Beginners Guide to Choosing a Breed, Chicken Coop, and Raising Backyard Chickens Choosing to SEE: A Journey of Struggle and Hope Girl's Guide to DIY Fashion: Design & Sew 5 Complete Outfits & Mood Boards & Fashion Sketching & Choosing Fabric & Adding Style Using Color In Your Art: Choosing Color for Impact & Pizzazz (Williamson Kids Can! Series) Martha Stewart's Vegetables: Inspired Recipes and Tips for Choosing, Cooking, and Enjoying the Freshest Seasonal Flavors Whisky Classified: Choosing Single Malts by Flavour Fabulous Fizz: Choosing Champagne and Sparkling Wine for Every Occasion The Complete Chile Pepper Book: A Gardener's Guide to Choosing, Growing, Preserving, and Cooking The Hog Island Oyster Lover's Cookbook: A Guide to Choosing and Savoring Oysters, with 40 Recipes The Spinner's Book of Fleece: A Breed-by-Breed Guide to Choosing and Spinning the Perfect Fiber for Every Purpose How to Spin: From Choosing a Spinning Wheel to Making Yarn. A Storey BASICS® Title Backyard Chickens for Beginners: Getting the Best Chickens, Choosing Coops, Feeding and Care, and Beating City Chicken Laws

[Dmca](#)